

# StandOut + Your Team

## THE STRONG TEAMS ACTIVITY

### ALONE:

1. Complete the StandOut Assessment ([www.marcusbuckingham.com](http://www.marcusbuckingham.com)) and print your full 14 page report.
2. On your report, highlight or circle words and phrases that you know to be true about YOU. Make note of anything that doesn't feel quite right to you - those things can be important to discuss with your team as StandOut measures how you come across to others! You may be surprised by their thoughts and real-world examples.
3. Create YOUR PERSONAL StandOut cheat sheet using the questions on the following page and be prepared to present to your team. You can get creative and leverage your unique strengths to best deliver this information!

### TOGETHER:

1. Reserve a meeting time for the team activity (you'll need about 10 min per team member so plan accordingly!)
2. You should print out one blank cheat sheet for each team member - you'll be listening and taking notes as your colleagues present their strengths.
3. Choose a cadence, and begin the individual presentations.
4. You should walk away with a stack of StandOut Team Cheat Sheets. Use these to learn how to best work together. And deepen the learning in future group or 1:1 meetings!

# StandOut Cheat Sheet on: \_\_\_\_\_



\_\_\_\_\_ + \_\_\_\_\_

1. The parts of my StandOut strengths report that felt true to me were ...
2. The activities I do on the team that strengthen me are ....
3. The activities I do that weaken/deplete me are ....
4. I take in information/learn best when ...
5. You can be sure I'll shut down if/when you ...
6. I'll always light up if/when you ...
7. I feel my greatest value to this team is ...